

FEEDING MINDS AND BODIES AT THE LIBRARY

Afterschool Supper and Summer Meals

MARCH 18, 2019 Event Recap

Feeding Minds and Bodies at the Library was a Hunger Free Kids workshop which featured the latest in an array of strategies employed by the Hunger Free Kids Task Force, and supported by San Diego Hunger Coalition, to keep children properly nourished and engaged. Libraries across the U.S. are providing meals alongside their summer, afterschool, and weekend enrichment programming. This 90-minute workshop, presented twice on March 18, 2019 in Central and North County San Diego, provided insights and real-life examples of how to serve meals at local libraries, and how doing so can increase participation in library activities and improve children’s health and academic performance.

ATTENDEES

AETNA
 BLUE SHIELD OF CALIFORNIA
 THE CHILDREN’S INITIATIVE
 CITY OF OCEANSIDE
 CITY OF SAN DIEGO
 COUNTY OF SAN DIEGO
 OFFICE OF SUSAN DAVIS
 U.S. DISTRICT 53
 ESCONDIDO UNION SCHOOL DISTRICT
 HEAVEN’S WINDOWS
 JACOBS & CUSHMAN
 SAN DIEGO FOOD BANK
 LAMB OF GOD CHURCH
 MAAC PROJECT
 MID-CITY CAN
 NATIONAL SCHOOL DISTRICT
 NEIGHBORHOOD HEALTHCARE
 NEIGHBORHOOD HOUSE ASSOCIATION
 SAN DIEGO COUNTY CREDIT UNION
 SAN YSIDRO SCHOOL DISTRICT
 VISTA COMMUNITY CLINIC
 YMCA



Central Panel: (front to back) Kristin Ward, Mark Mendoza, Brenda Monzon, Susan Salinas Ramos, Vanessa Barnik, Patrice Chamberlain, Trish Garone



The expert panel at the College-Rolando Library answering attendees’ questions.



North Panel: (Left to Right) Naomi Shadwell, Brenda Monzon, Orquidia Contreras, Susan Salinas-Ramos, Lisa Ferneau-Haynes, Maddy Moritsch

FEATURED SPEAKERS

California Library Association Speakers:

Patrice Chamberlain, MPH, Program Consultant, Lunch at the Library

Trish Garone, Program Manager, Lunch at the Library

College-Rolando Library Panel:
(top photo)

Kristin Ward, San Diego County Library

Vanessa Barnik, Kitchens for Good

Mark Mendoza, Cajon Valley School District

Brenda Monzon, San Diego Public Library

Susan Salinas-Ramos, SD Public Library

Oceanside Public Library Panel:
(bottom photo)

Lisa Ferneau-Haynes, Oceanside Public Library

Maddy Moritsch, Feeding San Diego

Naomi Shadwell, Oceanside Unified School District

Orquidia Contreras, San Diego County Library, Vista Branch

Brenda Monzon, San Diego Public Library

Susan Salinas-Ramos, SD Public Library

“Libraries are usually really challenging organizations to reach out to for summer and supper meals due to all the perceived barriers. Talking about it during the workshop with other library staff does make a difference!”

- Naomi Shadwell, MS, RDN, Director of Nutrition Services
 Oceanside Unified School District

Thank you to our supporters who make this work possible:

David C. Copley Foundation Charles A. Frueauff Foundation Kaiser Permanente
 Kasperick Foundation Price Philanthropies San Diego Food Funders
 Walter J. & Betty C. Zable Foundation



1 in 5 kids

Don’t always have enough to eat.

▶ Watch the recorded livestream: bit.ly/mind-body-central

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