

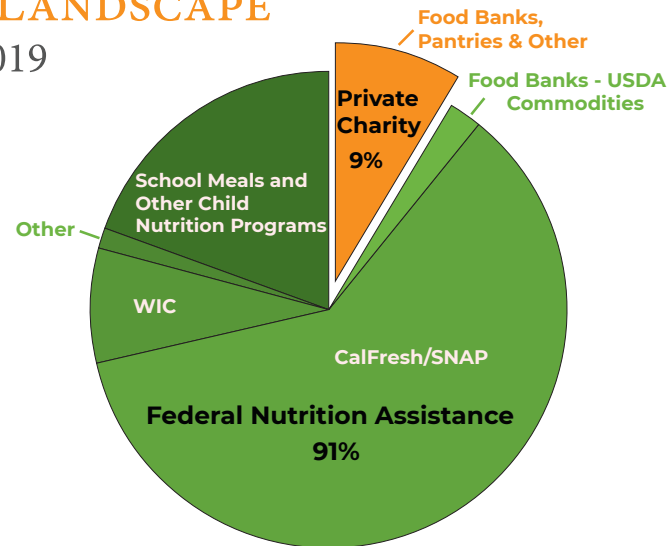
WHERE HUNGRY SAN DIEGANS GET FOOD ASSISTANCE

2016 HUNGER RELIEF LANDSCAPE

RELEASED MAY 2019

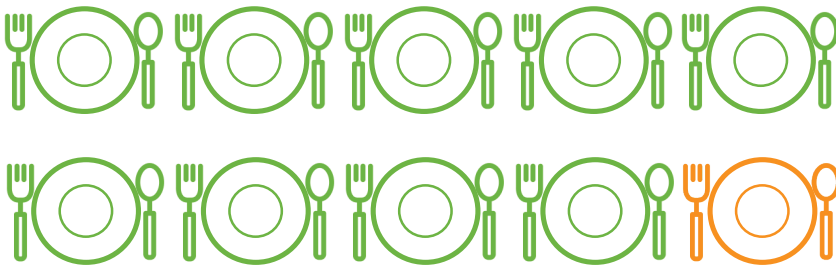
The San Diego Hunger Coalition conducted a landscape assessment to create a snapshot of the county's collective hunger relief efforts. All percentages and data are presented as the number of meals provided by government and private charitable programs.

The research for this brief was conducted by San Diego Hunger Coalition with data, input and guidance from the Hunger Free San Diego Advisory Board, a collaboration of agencies representing all aspects of hunger relief in San Diego County. For more information, please visit www.sdhunger.org.



Meals by Funding Source

9 OUT OF EVERY 10 MEALS IS PROVIDED BY FEDERAL PROGRAMS



Federal nutrition assistance accounts for 91% of all food assistance in San Diego County. For every 10 meals provided through food assistance programs, only 1 meal comes from private charity.

Privately-funded food assistance should be applied strategically as a precious and responsive resource that can fill gaps left by federal food assistance. However, they do not have the capacity to make up for a loss of federal programming. Even a 20% cut to CalFresh/SNAP would require private charity to double their output annually.

CALFRESH/SNAP IS ESSENTIAL (BUT NOT ENOUGH)

The average daily allotment for San Diegans relying on CalFresh is \$4.07 per day, or \$1.36 per meal, making it a challenge to create well-balanced, nutritious meals.

\$1.36 = 1 MEAL

Think about it in the context of luxuries that the middle-class American takes for granted:



ONE DESIGNER COFFEE COSTS ON AVERAGE: \$4.20



1 L BOTTLE OF WATER COSTS ON AVERAGE: \$2.00

FOOD ASSISTANCE IS A JIGSAW PUZZLE



The majority of food insecure households in San Diego must piece together enough food to meet their basic needs from multiple food assistance programs.

Info & Resources: sdhunger.org/research

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THE PIECES OF THE FOOD ASSISTANCE PUZZLE

CalFresh/SNAP, formerly known as Food Stamps, is a USDA program that provides monthly assistance to low-income households to purchase food. This program is federally funded.

WIC provides federal assistance to low-income pregnant and post-partum women, infants, and children under 5 years old.

Child Nutrition Programs are federally funded meals for low-income children in schools, day cares, after school programming, and other community settings.

Senior Meals include those delivered to a home and those served in a group setting. Both are paid for by federal and charitable funds.

Food Banks are private nonprofit organization that distribute food to people in need through a network of over 500 community-based partners and pantries.

Gleaning is when nonprofit organizations send volunteers to residential properties and farmers markets to gather fruits and vegetables that would otherwise go to waste. Gleaned produce is then distributed by nonprofit organizations.

EVERYTHING IS NEEDED

All San Diego food assistance, federal and private, combine to serve an average of 251 million meals each year.

This vast and complex network still does not meet the needs of our most vulnerable residents. Many are ineligible for federal assistance or don't receive enough. Low benefits in a high-cost region, transportation limitations, and other barriers negatively impact many San Diegan's ability to meet their basic needs.

SDHC is conducting ongoing research to understand this "meal gap."

ABOUT THE SAN DIEGO HUNGER COALITION

SAN DIEGO HUNGER COALITION LEADS COORDINATED ACTION TO END HUNGER IN SAN DIEGO COUNTY SUPPORTED BY RESEARCH, EDUCATION AND ADVOCACY. SAN DIEGO HUNGER COALITION'S VISION IS A HUNGER FREE SAN DIEGO WHERE ANYONE WHO IS EXPERIENCING HUNGER HAS EASY ACCESS TO FOOD ASSISTANCE. TO LEARN MORE, VISIT THE SAN DIEGO HUNGER COALITION ONLINE AT WWW.SDHUNGER.ORG, OR ON FACEBOOK OR TWITTER.

WHY IS THIS DATA IMPORTANT?

Federal food assistance is under continuous threat of cuts by the federal government. The ratio of federal government to private charity food assistance demonstrates the importance of protecting our social safety net programs. Programs such as SNAP and WIC not only provide food for those in need, but they are some of the most successful anti-poverty measures available. **We must continue to advocate for these programs and guard against threats of funding cuts.**

For further breakdowns of meals provided and a detailed explanation of methodology, please see the full Hunger Relief Landscape data release: www.sdhunger.org/research

**91% OF FOOD ASSISTANCE
COMES FROM FEDERAL NUTRITION PROGRAMS**

**228,000,000 MEALS IN 2016
BROUGHT TO SAN DIEGO BY FEDERAL PROGRAMS**

**9% OF FOOD ASSISTANCE
COMES FROM PRIVATE CHARITY**

**23,000,000 MEALS IN 2016
PROVIDED BY PRIVATE CHARITABLE RESOURCES**

SAN DIEGO COUNTY 2016 FOOD INSECURITY RATE



1 IN 5 CHILDREN (22%)



1 IN 8 ADULTS (13%)



1 IN 11 SENIORS (8%)

*Thank you to the supporters who make this work possible:
Kaiser Permanente San Diego Kasperick Foundation*