

San Diego City Council District 2 Nutrition Insecurity Dashboard: September 2023



What is "nutrition insecurity"?
 "Nutrition insecurity" is not having reliable access to 3 healthy meals a day. San Diego Hunger Coalition estimates the nutrition insecure population to be households with income below 200% of Federal Poverty Level (\$60K/year for a family of 4). Research indicates this to be a conservative estimate of the population needing food assistance to obtain adequate daily nutrition.

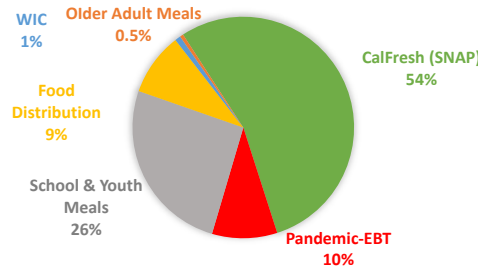
Nutrition Insecurity: Total Population		Nutrition Insecurity: Children & Youth (0-18)		Nutrition Insecurity: Older Adults (60+)	
District 2 Total Population	Estimated People Nutrition Insecure	Total Children & Youth in District 2	Estimated Kids Nutrition Insecure	Total Seniors in District 2	Estimated Seniors Nutrition Insecure
127,503	25,501	17,339	3,538	22,443	4,389
% of Total Population Nutrition Insecure		% of Children & Youth Nutrition Insecure		% of Older Adults Nutrition Insecure	
20% compared to 25% in SD County		20% compared to 32% in SD County		20% compared to 25% in SD County	

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 For maps, data tables and additional dashboards by electoral district, please visit www.sdhunger.org/research.

Food Assistance Meals Provided in September

Food Source	Total Meals
CalFresh (SNAP)	280,925
Pandemic-EBT	49,309
School & Youth Meals	133,577
Food Distribution	47,505
WIC	4,315
Older Adult Meals	2,597
Food Distribution Program on Indian Reservations (FDPIR)	-
Total Meals Provided in Month	518,228

% of Food Assistance Meals by Source



Comparing types of food assistance based on USDA Moderate Cost Food Plan:

1 nutritious meal
 =
1.85 pounds of food
 =
\$4.46 on an EBT card (metro)**
 =
\$5.43 on an EBT card (rural)**

** Cost of nutritious meal adapted for San Diego prices and population.

Calculating Missing Meals

Step 1: Total Meals Needed by Nutrition Insecure Population
2,327,007

Step 2: Subtract Estimated Self-Purchased Meals
1,195,604

Step 3: Subtract Total Food Assistance Meals Provided
518,228

Missing Meals in District 2: September 2023
613,175

CalFresh Participation

District 2 Total Participation	Number of People
CalFresh Recipients in September	6,483
Est. Total Population Eligible for CalFresh	18,048
Estimated CalFresh Participation Rate in District 2	36% 60% Countywide Participation Rate
Potential New CalFresh Enrollees	11,565
Additional monthly meals if half of eligible pop. was enrolled	250,769
\$ Issued for food from CalFresh in September	\$1,254,281
Estimated total economic impact from CalFresh spending	\$2,245,162

District 2 Senior Participation	Number of Seniors
Senior CalFresh Recipients in September	1,733
Est. Total Seniors Eligible for CalFresh	4,222
Estimated Senior CalFresh Participation Rate	41%
Potential New Senior CalFresh Enrollees	2,489

For full methodology and maps of CalFresh participation and potential enrollees, as well as all of this data by electoral district, visit: www.sdhunger.org/research.

Methodology:
 Hunger Free San Diego calculates the CalFresh participation rates based on the likely eligible population with income below 185% of the Federal Poverty Level (FPL). In California, households with income up to 200% FPL are encouraged to apply.