

CA State Senate District 18 Nutrition Insecurity Dashboard: September 2023



What is "nutrition insecurity"? "Nutrition insecurity" is not having reliable access to 3 healthy meals a day. San Diego Hunger Coalition estimates the nutrition insecure population to be households with income below 200% of Federal Poverty Level (\$60K/year for a family of 4). Research indicates this to be a conservative estimate of the population needing food assistance to obtain adequate daily nutrition.	Nutrition Insecurity: Total Population		Nutrition Insecurity: Children & Youth (0-18)		Nutrition Insecurity: Older Adults (60+)	
	District 18 Total Population	Estimated People Nutrition Insecure	Total Children & Youth in District 18	Estimated Kids Nutrition Insecure	Total Seniors in District 18	Estimated Seniors Nutrition Insecure
	606,548	186,273	144,562	56,829	109,898	31,198
	% of Total Population Nutrition Insecure 31% compared to 25% in SD County		% of Children & Youth Nutrition Insecure 39% compared to 32% in SD County		% of Older Adults Nutrition Insecure 28% compared to 25% in SD County	

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For maps, data tables and additional dashboards by electoral district, please visit www.sdhunger.org/research.

Food Assistance Meals Provided in September		% of Food Assistance Meals by Source		Comparing types of food assistance based on USDA Moderate Cost Food Plan:	
Food Source	Total Meals			1 nutritious meal	
CalFresh (SNAP)	3,874,014			=	
Pandemic-EBT	725,475			1.85 pounds of food	
School & Youth Meals	1,745,142			=	
Food Distribution	995,350			\$4.46 on an EBT card (metro)**	
WIC	343,265			=	
Older Adult Meals	44,145			\$5.43 on an EBT card (rural)**	
Food Distribution Program on Indian Reservations (FDPIR)	930				
Total Meals Provided in Month	7,728,321				

** Cost of nutritious meal adapted for San Diego prices and population.

Calculating Missing Meals			Missing Meals in District 18: September 2023	
Step 1: Total Meals Needed by Nutrition Insecure Population	16,997,408	-	Step 2: Subtract Estimated Self-Purchased Meals	8,967,013
			Step 3: Subtract Total Food Assistance Meals Provided	7,728,321
				302,074

CalFresh Participation		District 18 Senior Participation		Methodology: Hunger Free San Diego calculates the CalFresh participation rates based on the likely eligible population with income below 185% of the Federal Poverty Level (FPL). In California, households with income up to 200% FPL are encouraged to apply.
District 18 Total Participation	Number of People	District 18 Senior Participation	Number of Seniors	
CalFresh Recipients in September	100,764	Senior CalFresh Recipients in September	23,839	
Est. Total Population Eligible for CalFresh	131,752	Est. Total Seniors Eligible for CalFresh	29,560	
Estimated CalFresh Participation Rate in District 18	76%	Estimated Senior CalFresh Participation Rate	81%	
Potential New CalFresh Enrollees	30,988	Potential New Senior CalFresh Enrollees	5,721	
Additional monthly meals if half of eligible pop. was enrolled	671,937	For full methodology and maps of CalFresh participation and potential enrollees, as well as all of this data by electoral district, visit: www.sdhunger.org/research .		
\$ Issued for food from CalFresh in September	\$17,451,916			
Estimated total economic impact from CalFresh spending	\$31,238,930			