

CA Assembly District 80 Nutrition Insecurity Dashboard: September 2023



What is "nutrition insecurity"? "Nutrition insecurity" is not having reliable access to 3 healthy meals a day. San Diego Hunger Coalition estimates the nutrition insecure population to be households with income below 200% of Federal Poverty Level (\$60K/year for a family of 4). Research indicates this to be a conservative estimate of the population needing food assistance to obtain adequate daily nutrition.	Nutrition Insecurity: Total Population		Nutrition Insecurity: Children & Youth (0-18)		Nutrition Insecurity: Older Adults (60+)	
	District 80 Total Population	Estimated People Nutrition Insecure	Total Children & Youth in District 80	Estimated Kids Nutrition Insecure	Total Seniors in District 80	Estimated Seniors Nutrition Insecure
	484,672	156,166	114,351	46,713	89,979	26,552
	% of Total Population Nutrition Insecure	% of Children & Youth Nutrition Insecure		% of Older Adults Nutrition Insecure		
	32% compared to 25% in SD County	41% compared to 32% in SD County		30% compared to 25% in SD County		

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For maps, data tables and additional dashboards by electoral district, please visit www.sdhunger.org/research.

Food Assistance Meals Provided in September		% of Food Assistance Meals by Source		Comparing types of food assistance based on USDA Moderate Cost Food Plan:	
Food Source	Total Meals			1 nutritious meal	
CalFresh (SNAP)	3,281,643			=	
Pandemic-EBT	608,271			1.85 pounds of food	
School & Youth Meals	1,357,442			=	
Food Distribution	803,711			\$4.46 on an EBT card (metro)**	
WIC	326,005			=	
Older Adult Meals	38,905			\$5.43 on an EBT card (rural)**	
Food Distribution Program on Indian Reservations (FDPIR)	-				
Total Meals Provided in Month	6,415,976				

** Cost of nutritious meal adapted for San Diego prices and population.

Calculating Missing Meals			Missing Meals in District 80: September 2023	
Step 1: Total Meals Needed by Nutrition Insecure Population	Step 2: Subtract Estimated Self-Purchased Meals	Step 3: Subtract Total Food Assistance Meals Provided		
14,250,114	7,609,544	6,415,976	=	224,593

CalFresh Participation		District 80 Senior Participation		Methodology: Hunger Free San Diego calculates the CalFresh participation rates based on the likely eligible population with income below 185% of the Federal Poverty Level (FPL). In California, households with income up to 200% FPL are encouraged to apply.
District 80 Total Participation	Number of People	District 80 Senior Participation	Number of Seniors	
CalFresh Recipients in September	84,749	Senior CalFresh Recipients in September	20,402	
Est. Total Population Eligible for CalFresh	110,255	Est. Total Seniors Eligible for CalFresh	25,155	
Estimated CalFresh Participation Rate in District 80	77%	Estimated Senior CalFresh Participation Rate	81%	
Potential New CalFresh Enrollees	25,507	Potential New Senior CalFresh Enrollees	4,753	
Additional monthly meals if half of eligible pop. was enrolled	553,080	For full methodology and maps of CalFresh participation and potential enrollees, as well as all of this data by electoral district, visit: www.sdhunger.org/research .		
\$ Issued for food from CalFresh in September	\$14,651,970			
Estimated total economic impact from CalFresh spending	\$26,227,027			